





Why do you need a resume?

It's your personal ad.





It's an indicator of your potential.

Make a good first

It's your first impression.



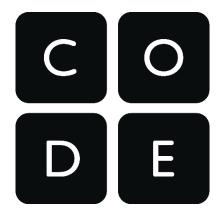
What makes a good resume?

It highlights...





What makes a good resume?



What makes a good resume?

- C CLEAR information is concise and easy to read
- ORGANIZED layout has a smooth flow
- <u>DYNAMIC</u> action verbs, descriptive statements
- **E**RROR FREE illustrates the quality of your work

Getting Started









Formatting Basics

IVAN GOODLOW

1000 Any Street, Kennesaw, GA 30144 imaintern@gmail.com | 404-555-6555

Researched, developed and proposed paper on interpresonal violence in order to determine societal and familial impact. Used non-eyerimental research methodologies

variation of human experiences and reactions and how to handle a variety of situations.

Research Assistant, Statistics Deparement, KSU Jan. - Dec. 2015

- Assisted professor with deversion of original hypothesis and research design.
Followed instructions and, briked with SPSS statistical software, maintained accurate

ems as outlined in the DSM-IV.

To obtain a behavioral psychology internship or assistantship with a healthcare no

in order to contribute a keen understanding of research methods and strong anal

Honors and Activities: Dean's List and Psi Chi (the National Psychola)

records using Excel spreasheets, and wrote detailed reports.

Kennesaw State University, Kennesaw, GA

Research Methods in Psychology, Fall 2015

Dynamics of Abnormal Behavior, Fall 2014

Analyzed and presented findings on sy

mental disorders and behavioral pro-

RESEARCH AND TEACHING EXPERNACE

including observation, correlational research, and

Interviewing and Counseling Techniques, Spring 21

Practiced counseling techniques under the sy

Minor in Statistics

PSYCHOLOGY COURSEWORK

Bachelor of Science, Psychology December 2016

Margins...

1.25"

0.25"

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Bachelor of Science, Psychology December 2016 Minor in Statistics

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PSYCHOLOGY COURSEWORK

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- Practiced counseling techniques under the supervision of a licensed counsel experiences and reactions and how to handle a variety of situations. Dynamics of Abnormal Behavior, Fall 2014

Analyzed and presented findings on symptoms, diagnoses, and treat problems as outlined in the DSM-IV.

RESEARCH AND TEACHING EXPERIENCE

- Research Assistant, Statistics Department, KSU Jan. Dec. 2015
- Assisted professor with development of original hypothesis research design. Followed instructions and worked with SPSS statistical software, maintained accurate records ing Excel spreadsheets, and wrote detailed reports Teaching Assistant, Psychology Department, KSU Aug, 2014 - Jay 2015
- Developed lesson plans and served as liaison between essor and students. Worked one-on-one with students and presented course material to the class.

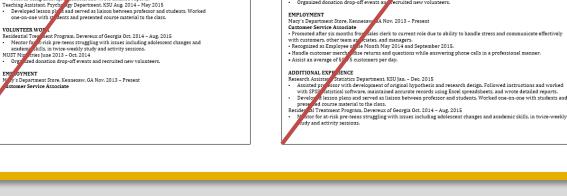
VOLUNTEER WORK

Residential Treatment Program, Devereux of Georg Oct. 2014 - Aug. 2015

- Mentor for at-risk pre-teens struggling with j ues including adolescent changes and academic skills, in twice-weekly study and activity sessions. MUST Ministries June 2013 - Oct. 2014
- Organized donation drop-off events ar
- ecruited new volunteers.

EMPLOYMENT

- ales clerk to current role due to ability to handle stress and communicate effectively
- atistical software, maintained accurate records using Excel spreadsheets, and wrote detailed reports.



Formatting Basics

Margins...

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0.50"

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VOLUNTEER WO

Residential Treatn eux of Georgia Oct. 2014 - Aug. 2015

- Mentor for at-ri iggling with issues including adolescent changes and academic and activity sessions. skills, in twice-w ct. 2014
- Organized donation op-off events and recruited new volunteers

EMPLOYMENT

Macy's Department Store, Kennesaw, GA Nov. 2013 - Present

Customer Service Associate

· Promoted after six months from sales clerk to current role due to ability to handle stress and

- communicate effectively with customers, other team associates, and managers. · Recognized as Employee of the Month May 2014 and September 2015.
- . Handle customer merchandise returns and questions while answering phone calls in a

Assist an average of 50-75 customers per day.

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OBJECTIVE

To obtain a behavioral psychology internship or assistantship with a healthcare nonprofit, in order to contribute a keen understanding of research methods and strong analytical skills.

Kennesaw State University, Kennesaw, GA Bachelor of Science, Psychology December 2016

Minor in Statistics

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RESEARCH AND TEACHING EXAMPLENCE

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- Assisted nent of origina sign. Followed instructions and g Excel spreadsheets, and wrote worked w rare, mainta detailed rep
- Teaching Assist Developed less and students. Worked one-on-one with
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Residential Treatment P 2014 - Aug. 2015

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VOLUNTEER WORK

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- · Handle customer merchandise returns and questions while answering phone calls in a professional manner. · Assist an average of 50-75 customers per day.

ADDITIONAL EXPERIENCE

Research Assistant, Statistics Department, KSU Jan. - Dec. 2015

Assisted professor with development of original hypothesis and research design. Followed instructions and worked with SPSS statistical software, maintained accurate records using Excel spreadsheets, and wrote

Formatting Basics

Font...

Congratulations!

You no longer have to use Times New Roman.

In fact, it's not recommended to use that font.

But...make sure your font size isn't

too small

or too big.



Sections of the Resume

IVAN GOODLOW

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OBJECTIVE

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EDUCATION

Bachelor of Science, Psychology

December 2016

Minor in Statistics

Kennesaw State University (KSU), Kennesaw, GA

Honors and Activities: Dean's List and Psi Chi (the National Psychology Honor Society) GPA 3.53



PSYCHOLOGY COURSEWORK

Research Methods in Psychology, Fall 2017

- Researched, developed and proposed paper on interpersonal violence in order to determine societal and familial impact.
- Used non-experimental research methodologies including observation, correlational research, and surveys.

Interviewing and Counseling Techniques, Spring 2017

 Practiced counseling techniques under the supervision of a licensed counselor, explored variation of human experiences and reactions and how to handle a variety of situations.

Dynamics of Abnormal Behavior, Fall 2016

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RESEARCH AND TEACHING EXPERIENCE

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January 2016 - December 2016

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August 2016 – May 2017

- Developed lesson plans and served as liaison between professor and students.
- Worked one-on-one with students and presented course material to the class.



VOLUNTEER WORK

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- Handle customer merchandise returns and questions while answering phone calls in a professional manner.
- Assist an average of 50-75 customers per day.

What else would you include on your resume?



Resume Do's

- Limit to 1 or 2 pages
- Design for skimmers' eyes
- Put most important/relevant information first
- Keep reader in mind
- Remember that appearances matter (no errors)
- Use action verbs and industry buzz words
- Focus on relevant details only
- Include name and page number on second page

Resume Don'ts

- Write before doing a self-assessment
- Refer to self as "I"
- Include personal information
- Use colored or flimsy paper
- Include references
- Use templates or tables
- Use colloquial language
- Use abbreviations without explaining them
- Include a photo



Parts of a Cover Letter

IVAN GOODLOW

1000 Any Street, Kennesaw, GA 30144 imaintern@gmail.com | 404-555-6555

July 10, 2017

Ms. Jane Smith Hiring Manager ABC Company 2468 Kennesaw Ave. Kennesaw, GA 30144



Dear Ms. Smith,

I am excited to submit my application for the Administrative Intern position at ABC Company, which was posted on your company website. I am an excellent candidate for this position based on my professional experience in customer service and marketing and educational background in writing and communication, which is covered in the attached resume.

I believe I will exceed your expectations because of the experiences and skills I will bring to the position:

- **EVENT COORDINATION**: As the Events Chair for XYZ Group, I have planned exceptional events ranging in size from 20-100 guests with creative themes and excellent attendance.
- **SOCIAL MEDIA**: As the Social Media Chair for (Company, Student Group or Volunteer Experience) I worked to create brand awareness by updating social media sites, including...
- **WEBSITE DESIGN**: In my Introduction to Java course, I worked with a team in creating a website for ABC Company to enhance its marketability.



I look forward to learning more about this opportunity and to a more in-depth discussion of how my experience can contribute to the success of ABC Company. Please contact me at imaintern@gmail.com or at 555-555-5555 to further discuss the position and my qualifications. Thank you for your consideration and I look forward to hearing from you.

Sincerely,

Ivan Goodlow

What else would you add to your cover letter?



Cover Letter Do's

- Make sure it is easily seen!
- Keep it brief (1 page)
- Include all relevant information requested
- Address it to a named individual
- Avoid negativity
- Tell why you are the best fit for the job
- Proofread!
- INCLUDE it... especially when emailing your resume



Cover Letter Don'ts

- Write your whole life story
- Waste the first paragraph
- Use the same cover letter each time
- Use cliche or wordy phrases
- Rehash your resume
- Use a boring closing statement
- Forget to sign it
- Depend upon the employer to take action...explain how you will follow up!



ANY QUESTIONS



Need More Help?

- Schedule an appointment with a career advisor: 470.578.6555
- Walk-In during office hours
- Find the Personal Branding Guide and other resources on our website (careers.kennesaw.edu)



Amanda Long
Associate Director of Outreach and Engagement
Department of Career Planning & Development
along54@kennesaw.edu

