

Amanda Long Associate Director of Campus & Employer Engagement



Spot the Errors

Scrappy Owl

45 Woodbury Circle, Mountainside, GA 30020 • (770) 123-3456 • hotgranny@yahoo.com

OBJECTIVE

Seeking an internship.

EDUCATION

B.S. in Biotechnology, 3.85 GPA

Kennesaw State University, Kennesaw, GA

HONORS AND ACTIVITIES

Dean's List Vice President, Kappa Delta President's List Member of Beta Beta Beta



RELEVANT COARSES/PROJECTS

Cell Biology, Organic Chemistry, Biochemistry, Microbial Ecology, Principals of Biotechnology, Clinical Trials and Regulatory Affairs

- Performed lots of experiments.
- Performed a study in collaboration with Dr. John Smith.

SKILLS

Laboratory

- Proficient in HPLC, LC/MS, GC/MS, protein purification and characterization, drug metabolism studies.
- Familiar with in-vivo drug metabolism studies, pharmacokinetics and use of radioisotopes.

<u>Other</u>

- Good work ethic.
- Great customer service.
- Confident and articulate.

RELEVANT EMPLOYMENT

Laboratory Assistant

06/2016 - Current

Kennesaw State University, Kennesaw, GA

- Assist Dr. Ken Mack with collecting data on nitrogen fixation in corn and soybean plots.
- Chart data for further analysis to be incorporated into a scholarly research paper for future conference presentations.



OTHER EMPLOYMENT

Customer Service Representative

December 2015 - Present

Macy's Department Store - Fine Perfume Department, Kennesaw, GA

- Assist customers.
- Use Microsoft Access.
- Provide exceptional service.
- Meet and exceed quotas.

How will you ensure that you avoid these errors?



Why do you need a resume?

It's your personal ad.





It's an indicator of your potential.

Make a good first impression

It's your first impression.



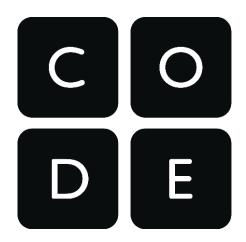
What makes a good resume?

It highlights...





What makes a good resume?





What makes a good resume?

- C CLEAR information is concise and easy to read
- ORGANIZED layout has a smooth flow
- <u>DYNAMIC</u> action verbs, descriptive statements
- <u>E</u>RROR FREE illustrates the quality of your work



Getting Started











Formatting Basics

Margins...

1.25"

0.25"

IVAN GOODLOW

1000 Any Street, Kennesaw, GA 30144 imaintern@gmail.com | 404-555-6555

To obtain a behavioral psychology internship or assistantship with a healthcare no in order to contribute a keen understanding of research methods and strong ana

EDUCATION

Kennesaw State University, Kennesaw, GA

Bachelor of Science, Psychology December 2016

Minor in Statistics

Honors and Activities: Dean's List and Psi Chi (the National Psychol

PSYCHOLOGY COURSEWORK

Research Methods in Psychology, Fall 2015

- Researched, developed and proposed paper on interdetermine societal and familial impact. Used non-ex erimental research methodologies including observation, correlational research, an
- Interviewing and Counseling Techniques, Spring 2
 Practiced counseling techniques under the sy
- rvision of a licensed counselor, explored variation of human experiences and reaction Dynamics of Abnormal Behavior, Fall 2014 and how to handle a variety of situations
- Analyzed and presented findings on sy toms, diagnoses, and treatment of major mental disorders and behavioral pro ms as outlined in the DSM-IV

RESEARCH AND TEACHING EXPERIMCE

- Research Assistant, Statistics Department, KSU Jan. Dec. 2015

 Assisted professor with deveryment of original hypothesis and research design.
 Followed instructions and forked with SPSS statistical software, maintained accurate records using Excel spreadsheets, and wrote detailed reports.
- Teaching Assistant, Psychology Department, KSU Aug. 2014 May 2015

 Developed lesson plass and served as liaison between professor and students. Worked
- lents and presented course material to the class. one-on-one with s

- Residential Treatment Program, Devereux of Georgia Oct. 2014 Aug. 2015

 Mentor for at-risk pre-teens struggling with issues including adolescent changes and
- skills, in twice-weekly study and activity sessions. tries June 2013 - Oct. 2014
- ized donation drop-off events and recruited new volunteers.

y's Department Store, Kennesaw, GA Nov. 2013 - Present

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Kennesaw State University, Kennesaw, GA

Bachelor of Science, Psychology December 2016

Honors and Activities: Dean's List and Psi Chi (the National Psychology Honor Society) GPA 3.53

PSYCHOLOGY COURSEWORK

- Research Methods in Psychology, Fall 2015
- Researched, developed and proposed paper on interpersonal violence in order to determine the second se mine societal and familial impact. Used non-experimental research methodologies including observation, or Interviewing and Counseling Techniques, Spring 2015
- Practiced counseling techniques under the supervision of a licensed counsel experiences and reactions and how to handle a variety of situations
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- presented course material to the class.

VOLUNTEER WORK

- Oct. 2014 Aug. 2015 Residential Treatment Program, Devereux of Georg
- ues including adolescent changes and academic skills, in twice-weekly Mentor for at-risk pre-teens struggling with MUST Ministries June 2013 - Oct. 2014
- Organized donation drop-off events

Macy's Department Store, Kennesay A Nov. 2013 - Present

Customer Service Associate

- · Promoted after six months from sales clerk to current role due to ability to handle stress and communicate effectively
- with customers, other team as ciates, and managers.
- ne Month May 2014 and September 2015. Recognized as Employee of · Handle customer merch dise returns and questions while answering phone calls in a professional manner.
- Assist an average of 52 5 customers per day.

ADDITIONAL EXPERIENCE

- Research Assistan , Statistics Department, KSU Jan. Dec. 2015
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EMPLOYMENT

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Promoted after six months from sales clerk to current role due to ability to handle stress and communicate

effectively with customers, other team associates, and managers.
• Recognized as Employee of the Month May 2014 and September 2015.

· Handle customer merchandise returns and questions while answering phone calls in a professional manner.

Assist an average of 50-75 customers per day.

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Formatting Basics

Font...

Congratulations!

You no longer have to use Times New Roman.

In fact, it's not recommended to use that font.

But...make sure your font size isn't

too small

or too big.



Sections of the Resume

Your Name Here

Your Physical Address (local or permanent) · City, State, Zip · Phone Number · Email Address

OBJECTIVE

A brief statement that describes the type of position you are seeking, the industry in which you want to work, and information about the skills and abilities you would bring to the position.

EDUCATION

Degree Type (e.g., Bachelor of Arts), Major, Concentration (if applicable); GPA Name of Institution, City, State

Expected, Month YEAR

RELEVANT COURSES/PROJECTS

You can list the courses by name here, placing an emphasis only on the most relevant courses you have completed

- Use a bulleted list to describe the types of projects completed within these courses.
- You can also describe skills you have utilized or improved through your coursework, or specific areas of knowledge you have gained.



SKILLS

Use Subsections for Long Lists (e.g. Technical, Laboratory, Language)

- Be specific: Microsoft Office Suite includes all programs within it, so list only those you know.
- Identify any and all relevant technical skills, ensuring that you list specific programs, software packages, etc.
- Qualify your level of experience/ability: beginning, intermediate, advanced, proficient, etc.

"Other" can be used for Additional Skills

- Keep the focus on skills most relevant to the position.
- Consider the "transferable skills" you may have gained through unrelated work experiences.
- Be sure to relate these additional skills to the job you're applying for.

RELEVANT EMPLOYMENT

Month YEAR - Present lob Title City, STATE

Employer/Organization Name

- Identify your most relevant work duties and responsibilities.
- Quantify and qualify your experiences be very descriptive.
- Use numbers when possible. Focus on the results you achieved.
- Relate your relevant experiences directly the jobs you're applying for, when possible.
- Avoid redundancy keep your bullet points concise and to the point.

OTHER EMPLOYMENT

Job Title Month YEAR - Month YEAR Employer/Organization Name City, STATE

- For less relevant experiences, consider your transferable skills.
- Identify broad skill areas (such as communication, teamwork, and customer service) that may translate to the position you're applying for.
- Again, quantify and qualify your experience as much as possible.
- If including multiple jobs that are similar, use each position to describe different duties to avoid redundancy.



OTHER EMPLOYMENT lob Title

Employer/Organization Name

Month YEAR – Month YEAR City, STATE

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- · Again, quantify and qualify your experience as much as possible.
- · If including multiple jobs that are similar, use each position to describe different duties to avoid redundancy.

ADDITIONAL SECTIONS (Honors, Leadership Experience, Volunteer Experience, etc.)

- Be descriptive and include time frames when applicable.
- Consider what additional sections relate most to the position you're applying for.
- · Note that the additional information you choose to include may change, depending upon the position.
- It is recommended that you keep a list of all possible information to potentially include on a resume.
- · You will pull from this list and update your resume each time that you apply for a new position.

What else would you include on your resume?



Resume Do's

- Limit to 1 or 2 pages
- Design for skimmers' eyes
- Put most important/relevant information first
- Keep reader in mind
- Remember that appearances matter (no errors)
- Use action verbs and industry buzz words
- Focus on relevant details only
- Include name and page number on second page



Resume Don'ts

- Write before doing a self-assessment
- Refer to self as "I"
- Include personal information
- Use colored or flimsy paper
- Include references
- Use templates or tables
- Use colloquial language
- Use abbreviations without explaining them
- Include a photo



Parts of a Cover Letter

IVAN GOODLOW 1000 Any Street, Kennesaw, GA 30144 imaintern@gmail.com | 404-555-6555

June 21, 2017

Ms. Jane Smith Hiring Manager ABC Company 2468 Kennesaw Ave. Kennesaw, GA 30144



Dear Ms. Smith,

I am excited to submit my application for the Administrative Intern position at ABC Company, which was posted on your company website. I am an excellent candidate for this position based on my professional experience in customer service and marketing and educational background in writing and communication, which is covered in the attached resume.

I believe I will exceed your expectations because of the experiences and skills I will bring to the position:

- **EVENT COORDINATION**: As the Events Chair for XYZ Group, I have planned exceptional events ranging in size from 20-100 guests with creative themes and excellent attendance.
- **SOCIAL MEDIA**: As the Social Media Chair for (Company, Student Group or Volunteer Experience) I worked to create brand awareness by updating social media sites, including...
- **WEBSITE DESIGN**: In my Introduction to Java course, I worked with a team in creating a website for ABC Company to enhance its marketability.



I look forward to learning more about this opportunity and to a more in-depth discussion of how my experience can contribute to the success of ABC Company. Please contact me at imaintern@gmail.com or at 555-555-5555 to further discuss the position and my qualifications. Thank you for your consideration and I look forward to hearing from you.

Sincerely,

Ivan Goodlow

What else would you add to your cover letter?



Cover Letter Do's

- Make sure it is easily seen!
- Keep it brief (1 page)
- Include all relevant information requested
- Address it to a named individual
- Avoid negativity
- Tell why you are the best fit for the job
- Proofread!
- INCLUDE it... especially when emailing your resume



Cover Letter Don'ts

- Write your whole life story
- Waste the first paragraph
- Use the same cover letter each time
- Use cliche or wordy phrases
- Rehash your resume
- Use a boring closing statement
- Forget to sign it
- Depend upon the employer to take action...explain how you will follow up!



ANY QUESTIONS



Need More Help?

- Schedule an appointment with a career advisor: 470.578.6555
- Walk-In during office hours
- Find the Personal Branding Guide and other resources on our website (careers.kennesaw.edu)





Amanda Long
Associate Director of Campus & Employer Engagement
Department of Career Planning & Development
along54@kennesaw.edu

